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Purpose:

Provide pre-separation indoctrination counseling to all officer and enlisted personnel leaving active duty, and demonstrate the advantages and benefits of continuing their navy career through active participation in the navy Reserve.

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SELECTED RESERVE (SELRES)

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SELRES PROGRAMS:

- NAVET (Navy Veteran)
- OSVET (Other Service Veteran)
- RESCORE-R (Change of Rate)
- CB-Vet (Convert to a SeaBee Rate)
- APG (Advanced Pay Grade)
- Officer Programs

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SELRES REQUIREMENTS:

- 1 weekend a month
- 12-17 days of Annual Training a year

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SELRES Benefits:

Extra monthly income

Receive four days base pay for only 16 hours worked each drill weekend.

Receive full pay plus benefits for the two-week Annual Training.

Your pay is determined by current pay grade and years of military service.

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SELRES Benefits:

- **Extra pay every month**
  - **“2” days pay for each day you drill**
- **Affiliation Bonus (Undermanned Rates and NEC’s)**
  - **$50.00 per month multiplied by each month remaining on MSO**
- **Prior Service Bonus (Undermanned Rates and NEC’s)**
  - **3 year enlistment = $2,500.00**
  - **6 year enlistment = $5,000.00**

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SELRES Benefits:

- **Montgomery GI Bill – Selected Reserve (MGIB-SR)**
  - **36 months of full-time education benefits for a 6 year enlistment**
  - **Approximately $290 per month**
- **MGIB-SR Kicker (Undermanned Rates and NEC's)**
  - **36 months of additional education benefits ($200 per month) for a 6 year enlistment (Can be used with your Active Duty MGIB benefits)**

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SELRES Benefits

Retirement program

Members can retire after 20 combined years of active duty and active reserve service.

Retirement income begins at age 60, for the rest of your life.

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SELRES Benefits

Learn new skills and sharpen existing ones

Navy veterans may be eligible to qualify for the RESCORE-R program and convert to a new rating when your current rate is overmanned.

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SELRES Benefits

Learn new skills and sharpen existing ones (cont.)

Additional training in your current or new rate available through on-the-job training, Annual Training, Active Duty for Special Work, or two week schools called SQUIP schools.

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SELRES Benefits

Educational

Members may utilize base education offices for information and counseling.

ACT, SAT, GRE, CLEP and DANTES exams are available to drilling reservists.

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SELRES Benefits

Exchange and commissary privileges

Unlimited use of base auto shops, hobby shops, gyms, clubs, swimming pools, theaters and other recreational facilities for members and their dependents.

Gain unlimited use of the base exchange for members and their dependents.

24 Commissary visits a year, plus

Unlimited

Active

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SELRES Benefits

Healthcare for injury or illness sustained during active duty and training periods

Members are covered as an active reservist for all job-related illnesses and injuries sustained while drilling or during Annual Training.

Reservists can elect to purchase single or family dental insurance. For more

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SELRES Benefits

Uniforms

Drilling reservists may be issued new uniform items as they become unserviceable.

Members off-contract for more than 90 days may qualify for partial sea bag issue upon affiliation. All others will receive item replacements.

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SELRES Benefits

Low Cost Life Insurance (SGLI)

The Serviceman's Group Life Insurance (SGLI) is offered to all drilling reservists with up to $250,000 of available coverage.

Dependents are also eligible for SGLI coverage up to $100,000 for a spouse and up to $10,000 for each child.

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SELRES Benefits

Travel Opportunities

Members may utilize space available flights on military aircraft anytime the flights are available within the continental U.S., Hawaii, Alaska, and other U.S. territories.

Dependents may be able to utilize OUTCONUS space available flights.

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SELRES Benefits

Management and Leadership Training

Develop new leadership skills, or enhance current skills, through on-the-job training, Annual Training, Active Duty for Special Work, schools, or correspondence courses.

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SELRES Benefits

Advancement opportunities

Members compete only for advancement against other active reservists.

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SELRES Benefits

Commissioning Programs

Direct Commission, Limited Duty Officer, and Chief Warrant Officer programs are available for drilling reservists

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SELRES Benefits

Relocation Flexibility

When your family relocates, the Navy Reserve has a flexible policy to assist you in transferring to a new drill site located near you.

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SELRES Benefits

Reemployment Rights under USERRA Statutes

The Uniformed Services Employment and Reemployment Act of 1994 provides for reemployment of veterans who are recalled to Active Duty or voluntarily elect to convert to Active Duty status. navy Reservists are protected from any type of employer prejudice while drilling, during Annual Training (AT) or in case of a recall to Active Duty.

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SELRES Benefits

Reemployment Rights under USERRA Statutes (cont.)

For more information:

www.esgr.org

www.ussera.gov

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SELRES Benefits

Legal Assistance

Drilling Reservists can get free legal advice from Navy Reserve JAG Officers. This includes wills and various other services.

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SELRES Benefits

Income Tax Deductions

You can deduct certain travel, uniform items and other expenses incurred as a direct result of performed drills or Annual Training.

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SELRES Benefits

Employment Opportunities

Members may be eligible for voluntary recalls to Active Duty for various lengths of time.

Members accepting these recalls receive full pay and benefits.

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The role of the Navy Reserve has never been more important.

Your local Navy Reserve representative can tell you more about these and other Navy Reserve programs.

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You can get the number to your local Navy Reserve Recruiting Representative by calling Navy Reserve Recruiting's national toll free number:

1-800-USA-USNR
(1-800-872-8767)

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Or visit the Navy Reserve Recruiting website:

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References

BUPERSINST 1001.39D
NAVPERS 159096
CNRRCINST 1133.1E
COMNAVRESFORINST 1001.5D

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